

## YOUR EMPLOYEE ASSISTANCE PROGRAM IS HERE FOR YOU.

You can feel better, improve your relationships, solve problems, achieve better health and balance your work and life.

You can connect with people and resources that make a difference in your life.

### NEW LOCATION

Suncrest Center  
1085 Van Voorhis Road  
Suncrest Center Suite 218  
Morgantown, WV 26505  
304.293.5590



# FACULTY AND STAFF ASSISTANCE PROGRAM

Work / Health / Life

Immediate, confidential help  
for any concern.

*If you need to talk,  
we're here to listen.*





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# ARE YOU OR A FAMILY MEMBER:

- ✓ Struggling with a relationship issue?
- ✓ Trying to get along with a co-worker?
- ✓ Concerned about alcohol, drugs or a gambling problem?
- ✓ Feeling anxious or depressed?
- ✓ Coping with the loss of a loved one?
- ✓ Having difficulty balancing work and life?

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# FACULTY AND STAFF ASSISTANCE PROGRAM

The Faculty and Staff Assistance Program (FSAP) is a confidential problem-solving resource for employees and their family members. This program provides professional staff who offer a safe place to sort through problems and determine the best resources available.

WVU is an Equal Opportunity/Affirmative Action institution. The WVU Board of Governors is the governing body of WVU. The Higher Education Policy Commission in West Virginia is responsible for developing, establishing and overseeing the implementation of a public policy agenda for the state's four-year colleges and universities.

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## WHO CAN USE THE PROGRAM?

It is available to all active and retired faculty and staff and their dependents. Additionally, University departments/units may request workshops or training on specific topics.

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## HOW MUCH WILL IT COST?

This program is offered as a free service to you and your family. It is part of your employee benefits.

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## WHAT ABOUT CONFIDENTIALITY?

All services are provided on a strictly confidential basis, unless otherwise required by law.

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## HOW DO YOU ACCESS THE PROGRAM?

Call the FSAP Office for an appointment or for information. A licensed clinician will talk with you to provide a consultation. Together, you can discuss a range of referral options and determine the best course of action.